



Monday/Lunes	Tuesday/Martes	Wednesday/ Miercoles	Thursday/Jueves	Friday/Viernes
18	19	20 WG/Ham & Cheese Sandwich Carrots Apple	21 WG/Chicken Kale Caesar Wrap Celery Banana	22 WG/Turkey and Ham Sub Cucumber Orange
25 WG/Santa Fe Wrap Carrots Apple	26 WG/Ham & Cheese Sandwich Cucumber Banana	27 WG/Southwest Veggie Wrap Beans Grapes	28 WG/Loaded Turkey Sub Zucchini Pear	29 Protein Pack Bistro Box Grape Tomatoes Orange

BREAKFAST

Monday/Lunes	Tuesday/Martes	Wednesday/ Miercoles	Thursday/Jueves	Friday/Viernes
Soft Oatmeal grain Bar 1 Cup Fruit Skim/1%/Chocolate Milk	Nutri Grain Strawberry Bar 1 Cup Fruit Skim/1%/Chocolate Milk	WG Corn Flakes Cereal 1 Cup Fruit Skim/1%/Chocolate Milk	Chocolate Chip Oatmeal Bar 1 Cup Fruit Skim/1%/Chocolate Milk	WG Cinnamon Toast Crunch Cereal 1 Cup Fruit Skim/1%/Chocolate Milk

A Choice of 1%, Skim or Chocolate milk

This institution is an equal opportunity provider

Milk is Offered at every meal

In accordance with DPI Nutritional Guidelines.

WG= Whole Grain

